Limehurst Academy Policy Document

Sex and Relationship Education (SRE)

STATUTORY

Date Approved by Governors: October 2019

Review Date: October 2020

Headteacher’s signature:

Chair of Governors’ signature:

Reviewer - ML
LIMEHURST SEX AND RELATIONSHIP EDUCATION (SRE) POLICY

1. Background Information

Limehurst Academy is an urban comprehensive school in the centre of Loughborough, taking pupils mainly from Rendell, Robert Bakewell, Loughborough C of E and Cobden Primary Schools.

Currently there are 586 on roll and approximately 50% of pupils come from ethnic minority backgrounds with all major world religions represented.

2. Consultation Process

The following groups were consulted when drawing up this Policy:

- Governors
- Teachers
- School Nurse
- Local Community Representatives
- Parents

3. Policy Statement for Sex and Relationship Education (SRE)

The school’s policy on SRE follows the framework of the DfE SRE guidance. This states, “It is lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.”

4. Aims of the SRE Programme

It is our aim for SRE at this school

- To be an integral part of the learning process for all children
- To encourage exploration of SMSC and consideration of sexuality and personal relationships and the development of communication and decision-making skills
- To foster self-esteem, self-awareness, a sense of moral responsibility and the skills to avoid and resist unwanted sexual experience.

5. Entitlement and Equal Opportunities

We provide a broad and balanced SRE programme for all our pupils including those with special educational needs and ensure full entitlement and access to all.

6. SMSC Framework

In line with the requirement of the DfE SRE guidance, the school’s SRE Programme encourages pupils to have regard to moral considerations and the value of family life.

7. Content Headings for School SRE Programme

Body knowledge
Human growth and development
Healthy Relationships
Decision Making
Sexuality, sexual identity, self-esteem
The Law
Child protection
Personal and social skills
Personal Safety

8. **Organisation of SRE**

The SLT, in collaboration with Key Stage Leaders, are responsible for co-ordinating SRE. A nominated governor is responsible for sex and relationship education.

The SRE programme is taught:

- In Personal Development time – by all Form Tutors and School Nurse
- As part of PHSE Programme by most staff
- Within Science/Re time allocation

As with other curriculum areas, all pupils in this school are entitled to a planned programme for SRE which embodies the principles of the LA Curriculum Statement.

9. **Training Resources/Provision**

The following type of training is provided:

- Attendance on courses
- Health promotion courses
- Purchase of consultant/advice into the school
- Work within the local community
- School Nurse service

10. **Teaching/learning styles**

SRE should help pupils make informed choices, establish a healthy lifestyle and build up a system of values. The teaching methods used are as important as the content of lesson.

A wide range of teaching methods are used including discussions, role play, looking at case studies and other active and creative ways of involving pupils in understanding the issues. We make appropriate use of audio visual materials and materials provided by the School Nurse.

Ground rules are established for the group activities. discussion when dealing with sensitive issues.

11. **Classroom Arrangements**

All classes are mixed but are occasionally single sex according to need and subject matter.

12. **Specific Matters**

This school, as part of its planned programme, also uses the expertise of:

- External speakers
- School Nurse

Their involvement is part of the planned programme and details can be found in the school’s Scheme
of Work.

In accordance with DfE advice, teachers in this school do not give pupils individual advice on contraception and other aspects of sexual behaviour. The School Nurse is available to advise on where to obtain help and advice locally. In circumstances where a pupil is considered at some risk the teacher would seek advice from the Headteacher.

Where a pupil is considered to be at risk from any type of abuse, the school follows LA procedures for Child Protection.

However, so that the individual pupil’s needs are met in terms of accurate advice, the school provides drop-in sessions run by the School Nurse.

In line with parents’ right of withdrawal, this school makes provision for pupil where the parents have chosen to exercise this right.

13 Working with Parents

Parents are informed about SRE and this Policy is available on request. We welcome any further views and comments/questions from parents.

14 Dissemination of the Policy

Full details of the Policy and content of the SRE Programme is available on request to:

- Parents
- Teachers
- Visitors
- Ofsted Inspectors
- School Health Service Staff
- Staff in the Family of Schools

15. Procedures for Policy Monitoring and Evaluation

We are committed to monitoring and evaluating the effectiveness of the programme. This is achieved by:

- Pupil feedback
- Staff review and feedback
- Parental feedback
- Governor review
- Ofsted Inspection
- Pastoral Review