

Limehurst Academy – Careers Resources for staff



Unifrog

Full of resources including 15 minute and 60 minute lesson plans.

• [Home - Teacher – Unifrog](#)

Teaching resources for how to use the Unifrog platform

- [Exploring pathways \(51\) >](#)
- [Drafting application materials \(13\) >](#)
- [Recording what you've done \(20\) >](#)
- [Making applications \(14\) >](#)
- [Searching for opportunities \(25\) >](#)

Search the Resources library by Pathway

- [UK universities \(64\) >](#)
- [Oxbridge \(18\) >](#)
- [Canadian universities \(21\) >](#)
- [Middle Eastern and African universities \(20\) >](#)
- [International foundation programmes \(1\) >](#)
- [US universities \(47\) >](#)
- [UK apprenticeships \(42\) >](#)
- [Asian universities \(22\) >](#)
- [Irish universities \(19\) >](#)
- [World of work \(139\) >](#)
- [European universities \(25\) >](#)
- [UK College and Sixth Form \(27\) >](#)
- [Australasian universities \(22\) >](#)
- [Latin American universities \(15\) >](#)

By Logistics

- [Exploring subjects \(62\) >](#)
- [Placements / Work experience \(34\) >](#)
- [Equal opportunities \(5\) >](#)
- [CVs, resumes and cover letters \(16\) >](#)
- [Post application \(7\) >](#)
- [Exploring careers \(90\) >](#)
- [Where to study \(79\) >](#)
- [Preparing to apply \(57\) >](#)
- [Essays and Personal Statements \(15\) >](#)
- [Getting ready and Settling in \(11\) >](#)
- [Extracurricular \(28\) >](#)
- [Finance \(10\) >](#)
- [Exams, tests and interviews \(21\) >](#)
- [Applications \(44\) >](#)
- [Advice for teachers \(37\) >](#)

By PSHE topic Includes both sessions in the [PSHE Lesson Pack](#), plus sessions relevant to PSHE that aren't in the Pack

- [Personality \(5\) >](#)
- [Wellbeing and Mental health \(21\) >](#)
- [Climate crisis \(14\) >](#)
- [Adjusting to change \(7\) >](#)
- [Learning skills \(16\) >](#)
- [Citizenship \(26\) >](#)
- [Physical health \(20\) >](#)
- [Relationships, Family and Friends \(21\) >](#)
- [Life skills \(64\) >](#)
- [Sexual health, Sexuality, and Gender \(11\) >](#)
- [Diversity and Anti-racism \(19\) >](#)
- [Staying safe \(10\) >](#)

By Skills Skills that your School have chosen as 'key skills' are marked with . [More info here](#)

- [Reading \(42\) > !\[\]\(609f3372828e3526d7ce4ba9a1b5248e_img.jpg\)](#)
- [Digital literacy \(37\) >](#)
- [Attention to detail / Observation \(20\) >](#)
- [Technical skills \(2\) >](#)
- [Listening \(24\) > !\[\]\(43feb9e0a79707a6447da1ea973c9814_img.jpg\)](#)
- [Teamwork \(66\) > !\[\]\(3352a6730d138e04e821032e4ee01472_img.jpg\)](#)
- [Caring \(36\) >](#)
- [Working under pressure \(2\) >](#)
- [Confidence \(13\) >](#)
- [Risk-taking / Courage \(3\) >](#)
- [Learning / Knowledge \(33\) >](#)
- [Inquisitiveness \(15\) >](#)
- [Writing \(53\) > !\[\]\(8b8c087b3ef80b34f564a0fa91efefed_img.jpg\)](#)
- [Critical thinking \(49\) >](#)
- [Planning \(123\) > !\[\]\(40ab7a463d243ac89dc79861e54b28c2_img.jpg\)](#)
- [Artistic skills \(3\) >](#)
- [Speaking \(21\) > !\[\]\(a5201077692d73440c34e8dccb55d04e_img.jpg\)](#)
- [Leadership \(9\) > !\[\]\(ace0eeaa76c9548fce2d97978dc48906_img.jpg\)](#)
- [Problem solving \(42\) > !\[\]\(7a98cad912aaae353c9dca67332b4d62_img.jpg\)](#)
- [Creativity / Innovation \(37\) > !\[\]\(2349b80bfd54b33559ac52f4fbcbb4f5_img.jpg\)](#)
- [Adaptability / Resilience \(39\) > !\[\]\(8f263363c1e0b987d1237a323eb0b143_img.jpg\)](#)
- [Reflectiveness \(88\) >](#)
- [Principles / Ethical judgement \(17\) >](#)
- [Numeracy \(17\) > !\[\]\(e62fb24ec2619e7d928fa2033e99e4d0_img.jpg\)](#)
- [Organising / Time management \(22\) >](#)
- [Practical skills \(4\) >](#)
- [Physical abilities \(1\) >](#)
- [Communication \(33\) >](#)
- [Networking \(8\) >](#)
- [Initiative \(14\) >](#)
- [Independence \(52\) > !\[\]\(b6467cf534ff231644d2876153663700_img.jpg\)](#)
- [Accountability \(54\) >](#)
- [Balance \(16\) >](#)
- [Open-mindedness \(14\) >](#)

By CDI learning areas

- [Grow throughout life \(33\) >](#)
- [Create opportunities \(20\) >](#)
- [Explore possibilities \(89\) >](#)
- [Balance life and work \(15\) >](#)
- [Manage career \(27\) >](#)
- [See the big picture \(14\) >](#)

By Gatsby Benchmark

- [1. Stable careers programme \(60\) >](#)
- [2. Learning from career info + LMI \(125\) >](#)
- [3. Addressing needs of each pupil \(195\) >](#)
- [4. Linking curriculum + careers \(49\) >](#)
- [5. Employer + employee encounters \(30\) >](#)
- [6. Workplace experiences \(11\) >](#)
- [7. Further + Higher ed encounters \(21\) >](#)
- [8. Personal guidance \(44\) >](#)

My Learning, My Future

- [My Learning My Future | CEC Resource Directory](#)

GATSBY BM4, 5, 7
My Learning My Future: Art and Design
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

GATSBY BM4, 5, 7
My Learning My Future: Biology
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

GATSBY BM4, 5, 7
My Learning My Future: Business Studies
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

GATSBY BM4, 5, 7
My Learning My Future: Chemistry
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

GATSBY BM4, 5, 7
My Learning My Future: Computer Science/IT
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

GATSBY BM4, 5, 7
My Learning My Future: Design Technology
The My Learning, My Future resources aim to increase learner engagement by showing how subjects connect to careers and the world of work.
PDF P
[Read more](#)

Focus on how different curriculum areas link to the world of work.

Career Starter

- [Career Starter - Whole School Programme - Career Ready](#)

Careers in the curriculum

Our Careers in the Curriculum activities enable you to deliver **Gatsby Benchmarks** 1,3, & 4 for Good Careers Guidance to small groups of your students. Research shows that linking the curriculum to careers results in higher educational outcomes, increased attainment and attendance, and an increase in young people pursuing subjects in higher education.

+ Art & Design

+ Computing

+ Drama

+ English

+ Geography

+ History

+ Languages

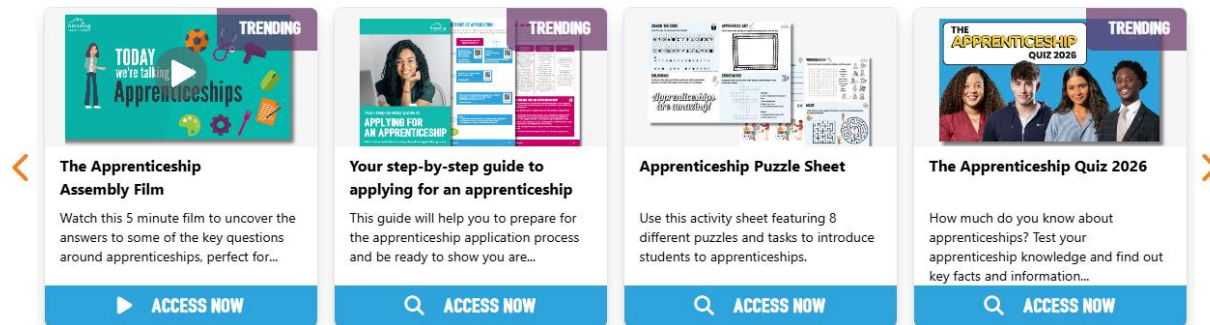
+ Maths

Contains assemblies, links to the Gatsby Benchmarks, and more links between curriculum areas and the world of work.

Amazing Apprenticeships

- [School - Amazing Apprenticeships](#)

RESOURCES TO GET YOU STARTED



Four resource cards are displayed in a row, each with a 'TRENDING' badge in the top right corner. From left to right: 1. 'The Apprenticeship Assembly Film' with a play button icon and a description: 'Watch this 5 minute film to uncover the answers to some of the key questions around apprenticeships, perfect for...'. 2. 'Your step-by-step guide to applying for an apprenticeship' with a person icon and a description: 'This guide will help you to prepare for the apprenticeship application process and be ready to show you are...'. 3. 'Apprenticeship Puzzle Sheet' with a puzzle icon and a description: 'Use this activity sheet featuring 8 different puzzles and tasks to introduce students to apprenticeships.'. 4. 'The Apprenticeship Quiz 2026' with a group of people icon and a description: 'How much do you know about apprenticeships? Test your apprenticeship knowledge and find out key facts and information...'. Each card has a blue 'ACCESS NOW' button at the bottom.

Contains lots of resources linking curriculum areas to apprenticeships. Ideal for National Apprenticeship Week.

SUBJECT-LED RESOURCES

Explore our collection of subject-led resources to use with your students to inspire apprenticeship conversation and consideration.

Our 19 subject-led resource bundles each include a teacher guide, student activity, lesson slides, and display materials. The student activity has been designed to be adaptable to students at all levels, and also to support Gatsby Benchmark 4: Linking curriculum learning to careers.

PLAY NOW →



My World of Work

- [Educators | My World of Work](#)



My World of Work Live activities
Inspire your students with free, interactive lessons and activities, led by our experts.
[View activities →](#)

A guide to My Profile
Encourage your students to tell their story! Profile is a digital canvas of who they are and will grow with them as they add their goals, achievements, skills and more.
[View guide →](#)

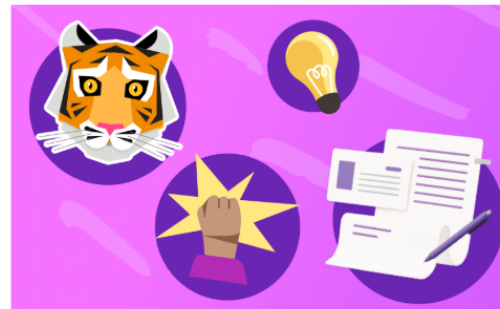
Marketplace
Would your students benefit from some real-life industry expertise? Use Marketplace to connect with local businesses in a variety of ways.
[View Marketplace →](#)

Contains a range of resources to help support students with learning about the world of work.

Use our tools and quizzes in class

Encourage your pupils to learn about themselves, explore job options and discover their strengths using our tools and quizzes.

[View tools and quizzes](#)

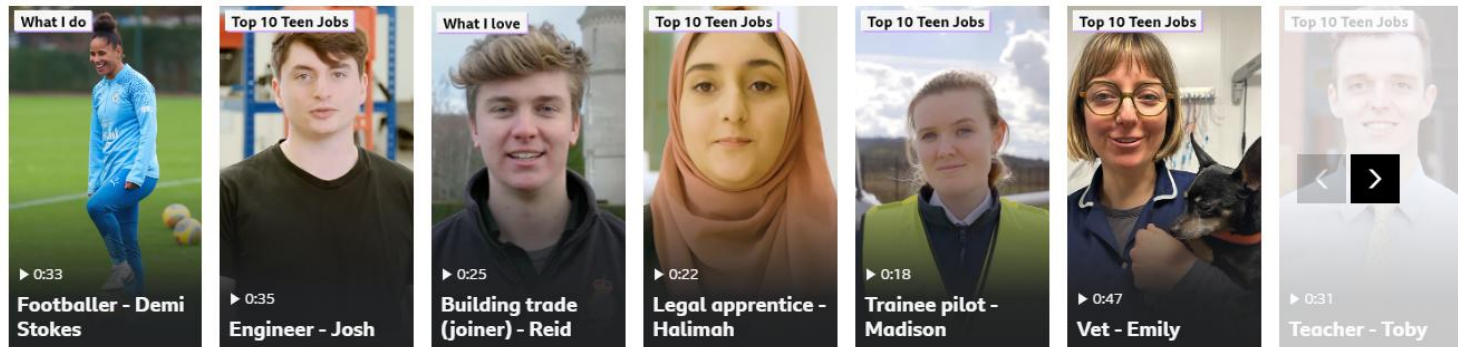


BBC Bitesize

- [Careers - BBC Bitesize](#)

Top 10 jobs teens want

As chosen by teens in the Bitesize Careers survey 2025.



The Bitesize Careers Video Podcast >

More



Contains lots of video and quiz content to support careers education in lessons.