

**Focus**

**Careers and Skills Overview Year 11: Decide**

- To support students in the decision-making process linked to post-16 destinations.
- To prepare and inform student about future options and pathways at 16.
- To guide and support students through the application process.

Term	Topic	Objectives	Areas covered	Employability Skills and Qualities/link to the CDI framework/Gatsby Benchmarks
<p><b>Autumn 1</b></p>	<p>Choosing Your Options Preparing Your Application</p> <p>6 lessons</p>	<ul style="list-style-type: none"> <li>• To take students of a journey of thinking about their next step.</li> <li>• To consider the importance of making informed decisions.</li> <li>• To recap the different post-16 options available.</li> <li>• To learn how to overcome indecision.</li> <li>• Understanding what makes a good personal statement.</li> <li>• To make applications to post-16 providers.</li> </ul>	<p>Looking at different options available.</p> <p>Making an informed decision and considering how this can be done.</p> <p>Looking at what a personal statement needs.</p> <p>Drafting and completing a personal statement.</p> <p>Making an application with form tutor/head of year support.</p>	<p>Curiosity Research Planning and organising Independence Decision making</p> <p>CDI framework: Explore possibilities, Create opportunities, See the big picture</p> <p>GBM: 1, 2, 3, 4, 8</p>
<p><b>Autumn 2</b></p>	<p>Study Smart: Revision Timetable</p> <p>1 lesson</p>	<ul style="list-style-type: none"> <li>• To understand what makes a successful revision timetable.</li> <li>• To create a revision timetable.</li> </ul>	<p>The reasons behind making a revision timetable.</p> <p>To consider what a revision timetable needs to include.</p>	<p>Planning and organisation Decision making Positivity Proactivity Personal responsibility Independence</p> <p>CDI framework: Balance life and work</p>

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<p style="text-align: center;"><b>Spring 1</b></p>	<p style="text-align: center;">Are you interview ready? Study Smart Managing Exam Anxiety</p> <p style="text-align: center;">5 lessons</p>	<ul style="list-style-type: none"> <li>• To remind students of the purpose of interviews.</li> <li>• To explore the different types of interviews you may encounter.</li> <li>• To explore interview skills and making a good impression.</li> <li>• To explore body language and various verbal and non-verbal cues.</li> <li>• To plan and practice responses to typical interview questions.</li> <li>• To consider what makes an effective learning environment.</li> <li>• To identify preferred revision methods.</li> <li>• To identify stressors before, during and after exams.</li> </ul>	<p>What is the purpose of an interview? Making a good first impression. Types of interview and how to manage these effectively. Structuring a successful response using various models. Example questions and planning how to answer. Links to additional videos and resources to explore independently. Looking at learning environments and different revision methods. Reasons for exam stress and ways to deal with it.</p>	<p>Communication Planning and organisation Independence Co-operation Self-awareness Self- management Resilience Problem solving</p> <p>CDI framework: Grow throughout life, Balance life and work, See the big picture</p> <p>GBM: 3, 4</p>
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