

Careers Introductory Statement

Limehurst's Careers curriculum is aimed at helping students to take control of their futures through promoting aspiration, confidence and resilience to gain an improved future social mobility and economic and mental well-being.

Our careers provision is delivered across the school through the Citizenship curriculum, Personal Development, targeted intervention and throughout the subject curriculums.

Students are tracked throughout their time at Limehurst to record job sector interests and the targeted career activities and experiences they receive. Students also record and review their careers work as they progress.

Our Careers curriculum and interventions are tracked against the eight Gatsby Benchmarks to ensure our students experience a range of careers education delivery.

Knowledge and Understanding. Students should:

- Understand themselves and the skills they possess and need to develop and how they are linked to the world of work and future success.
- Understand the importance of career planning and have the knowledge of career sectors to explore
- Know about and understand labour market information and how this can influence career choices.
- Understand the links between school subjects and the world of work and the pathways that are open to them and be able to evaluate their options.

Skills. Through the Careers curriculum students should develop their skills in:

- Identify personal employability skills, attributes and preferences.
- Researching to explore further education and training and job sectors.
- Evaluation of pathways and planning for personal learning and future career.
- Communication and personal presentation in securing sought after roles and positions in further/higher education and employment.

The Future.

Our students can leave Limehurst prepared for each step of their career with the confidence of knowing that whatever background they are from options are always open to them and they can make informed choices on the path to a rewarding future career.

Careers Road Map

Year Group	Theme/Topic Title	Lessons	Experiences - Examples
Year 7 Autumn			Weekly Hot Jobs Explore More – Loughborough University
Year 7 Spring	MY FUTURE – Understanding yourself and planning for the future. Explore careers suited to students based on personal likes and dislikes linked to the world of work. (Kudos ME)	<ul style="list-style-type: none"> • Understand the importance of decision-making and how decisions they make can impact their lives. • Be able to identify personal likes and dislikes of different aspects of work. • Understand how your personal likes and dislikes of different aspect of work can be linked to a range of careers, to be explored. 	National Apprenticeship Week National Careers Week Skills For The Future – Leicester College
Year 7 Summer			Speedy Speakers
Year 8 Autumn			Weekly Hot Jobs Faraday Engineering Challenge
Year 8 Spring	CAREERS and Labour Market Information (LMI) - Explore	<ul style="list-style-type: none"> • Understand work interest groups and job families and LMI 	Get Future Smart – Leicester College

	careers, industries and types of work, local and national opportunities and LMI. (Kudos WORKING)	<ul style="list-style-type: none"> • Recognise the importance of career planning • Make the link between developing skills and future success 	National Apprenticeship Week National Careers Week
Year 8 Summer			Powering Transformation-Dell Computers IT employability skills
Year 9 Autumn			Weekly Hot Jobs I Want To Be A Creative – DMU 21 st C Careers - DMU
Year 9 Spring	OPTIONS - explore subjects they enjoy and where they can lead beyond the class room. (Kudos LEARNING)	<ul style="list-style-type: none"> • Understand and evaluate the different pathways available • Understand different qualifications and levels • Identify your skills and develop them 	National Apprenticeship Week National Careers Week Girls in Computing Language Taster Day – Leicester University
Year 9 Summer			GCSE introductions and taster projects
Year 10 Autumn	PERSONAL DEVELOPMENT - Develop personal learning and career planning skills. (Kudos ME)	<ul style="list-style-type: none"> • Managing GCSE Curriculum • Mindset Training 	Assemblies - Post-16 Providers schools and colleges Apprenticeship Support and Knowledge (ASK) assembly Fisher Scientific Science Fair Onyx Engineering Trip
Year 10 Spring	PERSONAL APPLICATION - Developing learning and revision	<ul style="list-style-type: none"> • Success with revision skills 	National Apprenticeship Week National Careers Week

	skills		Sarah Vine (newspaper columnist) Visit
Year 10 Summer	MY SKILLS - Understand the importance of employability skills in personal development (Kudos ME)	<ul style="list-style-type: none"> • Identify Personal and employability skills. • Understand the employability skills employers seek • Employability skills CV and Personal statements. (Kudos my documents) • Revision - Mock exams 	Mock Interviews Young Enterprise
Year 11 Autumn	TRANSITION - revisit exploration of subjects they enjoy and where they can lead beyond the class room. (Kudos LEARNING)	<ul style="list-style-type: none"> • P16 learning and /training opportunities - Understand different qualification and levels and entry requirements. • Power to perform 	Assemblies - Post-16 Providers Apprenticeship Support and Knowledge (ASK) assembly Teen Tech Event
Year 11 Spring		<ul style="list-style-type: none"> • Revision skills focus on Mock Exams 	National Apprenticeship Week National Citizen Service (NCS) applications
Year 11 Summer	-	<ul style="list-style-type: none"> • Revision - GCSEs 	-

My Future: Intent

Knowledge acquired:

Understand the careers suited to students based on personal likes and dislikes linked to the world of work.

Skills developed:

- Be able to identify personal likes and dislikes in the world of work.
- Be able to link personal likes and dislikes to a range of careers.
- Research skills developed using online careers platform KUDOS.

Understanding:

- Understand how personal likes and dislikes can be linked to the world of work.

Links to previous study (where applicable):

Students may not have begun to think about how their personal likes and dislikes can be related to particular careers. This will give their personal profile focus to start to look into a range of careers and how it can direct their career planning in the future.

Links to future study (where applicable):

Y8 CAREERS and LMI - Explore careers, industries and types of work, local and national opportunities and LMI.

Y7 My Future – Implementation

Number of lessons: 3 1 Hour lessons

Sequence of lessons:

1. Identify personal likes and dislikes
2. Understand how these can link to a range of careers.
3. Develop research skills into a range of careers

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Online careers platform KUDOS
- Computers and internet access for all students

Body of work:

- Work completed in KUDOS – online likes and dislikes audit in MyFuture
- Completed task sheets to be presented in exercise books:
- Starter tasks
- Decision making worksheet
- MyFuture review worksheet
- Exploring careers worksheet

Method of assessment:

- Lesson plenaries

- End of topic evaluation

Y8 Careers and LMI: Intent

Knowledge acquired:

Know that jobs can be grouped into types of work and linked to an industry.

Skills developed:

- Be able to research a job to find out the basic labour market information
- Be able to begin making career plans by identifying skills needed for future success
- Research skills developed using online careers platform KUDOS.

Understanding:

- Understand how labour market information can influence career decisions and provide opportunities.

Links to previous study (where applicable):

Students will have an idea of personal likes and dislikes in aspects of work and explored a number of careers linked to these. Y8 work widens their understanding of the labour market and what they may need to consider if pursuing these careers.

Links to future study (where applicable):

Y9 OPTIONS – exploring subjects they enjoy and where they can lead beyond the class room.

Y8 Careers and LMI – Implementation

Number of lessons: 3 1 Hour lessons

Sequence of lessons:

1. Understand work interests groups and job families and LMI
2. Recognise the importance of career planning
3. Make the link between developing skills and future success

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Online careers platform KUDOS
- Computers and internet access for all students

Body of work:

- Work completed in KUDOS
- Completed task sheets to be presented in exercise books:
- Starter tasks
- Worksheets to be completed...

Method of assessment:

- Lesson plenaries
- End of topic evaluation

Y9 OPTIONS: Intent

Knowledge acquired:

Learn about job roles linked to their favourite subjects.

Skills developed:

- Be able to identify favourite subjects and job roles related to these.
- Be able to identify personal skills and development of these.
- Research skills developed using online careers platform KUDOS.

Understanding:

- Understand different qualifications, levels and pathways available so that students can begin to make informed and appropriate GCSE option decisions.

Links to previous study (where applicable):

Students will have research a variety of careers, industries and types of work. The work now is more focused on their own subject likes and where they can lead as a career via choosing appropriate GCSE options.

Links to future study (where applicable):

Y10 topics scaffold their GCSE work in looking at how to manage their studies and revision techniques. An Interview Experience day encourages students to continue looking to the future world of work.

Y10 Personal development, application and skills: Intent

Knowledge acquired:

- The importance of a range of influences on successful study and learning – mindset and environment
- The skills that employers seek and value

Skills developed:

- Personal learning, revision and career planning skills
- Strategies to ensure success studying for GCSEs – time management and prioritising
- Identify personal and employability skills

Understanding:

- How to manage influences on study and learning

- Understand the importance of employability skills in personal development and the creation of a successful CV and personal statement.

Links to previous study (where applicable):

Study skills are taught throughout their time at Limehurst; this is a more in depth and GCSE focused project.

In Y7 students were asked to think about their preferences in relation to aspects of work and in Y8 the identification of personal employability skills. In Y10 they are now applying those skills to the creation of a CV, personal statement and interaction with employees in the Mock Interviews.

Links to future study (where applicable):

Study and revision skills in Y11 will consolidate the Y10 learning and CV and personal statements will be updated to be used in P16 application for further education, training and apprenticeships.

Y10 – Implementation

Managing the GCSE Curriculum

Number of lessons: 7 35 minute lessons

Sequence of lessons:

1. Managing your GCSE curriculum
2. Decide on your goals
3. Place of study

4. Managing your time and prioritising
5. Lifestyle and learning
6. Study skills – Brainy
7. Review of topic

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- Goals, Where to Study, Environment, How Not to Study, Time Management worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

MindSet Training -

Number of lessons: 4 35 minute lessons

Sequence of lessons:

1. Mindset profile
2. Mind Training part 1
3. Mind training part 2
4. Review

Main resources:

- PiXL Mindset Training PowerPoints
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

Revision Skills

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Get motivated and learning styles

2. Homework – Time and place.
3. Know your subject – get planning
4. Revision strategies
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

Employability Skills – Mock Interview

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Preparation, dress and presentation
2. CV writing
3. Personal Statements
4. Interview answer preparation
5. Review

Each student has a 20mins Mock Interviews with volunteer employer.

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet
- Leicestershire Cares – organising group for the mock interviews

Body of work:

- Completed CV and personal statement to be presented in their Progress Folder
- Mock interview with volunteer employers
- Certificates for all and Star interviewees certificates

Method of assessment:

- Lesson plenaries
- End of topic evaluation

- Employer feedback

Y11 Transition: Intent

Knowledge acquired:

- The range of P16 options, qualification levels and requirements.
- GCSE subject content needed for successful revision planning

Skills developed:

- Research, evaluation and planning skills in looking at P16 options
- Revision skills developed

Understanding:

- To make an informed P16 decision that is right for them
- Planning of revision timetables and use a range of developed revision skills

Links to previous study (where applicable):

All subjects include careers links as part of their curriculum that gives students a knowledge base of where subjects can take them. This, and further research, will be used in making P16 decisions

Links to future study (where applicable):

Where ever the students' pathways lead their careers knowledge, skills and understanding will ensure they continue to explore, plan and take on personally worthwhile careers.



P16 destinations and Options

Number of lessons: 7 35 minute lessons

Sequence of lessons:

1. Introduction and planning
2. National Careers Service
3. Careers exploration
4. Destination exploration
5. CV and Personal Statements
6. Application and application review
7. Review of topic

Transition work is supported by engaging the parents, visiting providers giving information in assemblies, school bulletin updates (open events, deadlines), 1:1 advice.

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- P16 destinations tracker booklet
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

Power to Perform

Number of lessons: 4 35 minute lessons

Sequence of lessons:

1. How ready are you
2. We can all grow - Goals
3. Physical and mental well-being
4. Review

Main resources:

- PiXL Power to Perform PowerPoints
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

Revision Skills

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Get organised- timetabling
2. Exam and revision attitudes
3. Revision and stress
4. Revision – the final push
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

