



Y10

1 Careers – Managing the GCSE Curriculum: Intent

Knowledge acquired:

Knowing how to be a responsible citizen who is able to prepare for life and work and change things for the better.

Skills developed:

- To develop confidence in themselves and their ability to plan ahead.
- Recognising their ambitions and aspirations.
- To develop a range of organisational skills
- To make positive and healthy lifestyle choices

Understanding:

- How individuals learn in a variety of way
- How to be motivated and achieve their best now and in the future.

Links to previous study (where applicable):

Students may not have begun to think about how their personal likes and dislikes can be related to particular careers. This will give their personal profile focus to start to look into a range of careers and how it can direct their career planning in the future.

Links to future study (where applicable):

Y8 CAREERS and LMI - Explore careers, industries and types of work, local and national opportunities and LMI.

1 Careers - Managing the GCSE Curriculum - Implementation

Number of lessons: 7 35 minute lessons

Sequence of lessons:

1. Managing your GCSE curriculum
2. Decide on your goals

3. Place of study
4. Managing your time and prioritising
5. Lifestyle and learning
6. Study skills – Brainy
7. Review of topic

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- Goals, Where to Study, Environment, How Not to Study, Time Management worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

2 PHSE/Careers Mindset Training: Intent

Knowledge acquire:

Personal knowledge of mindset and how own beliefs, goals, ability and performance can be improved to gain more success at school.

Skills developed:

- Evaluation of personal mindset and creation of a mindset profile

Understanding:

- What a mindset profile group means
- Of own opinions regarding beliefs, goals, personal ability and performance

Links to previous study (where applicable):

The Mindset Training is part of the PiXI personal development scheme of work that is followed through Y8 and 9.

Links to future study (where applicable):

After studying the Mindset projects students develop their Power to Perform and look at how resilience can help in their GCSE journey.

2 PHSE/Careers MindSet Training - Implementation

Number of lessons: 4 35 minute lessons

Sequence of lessons:

1. Mindset profile
2. Mind Training part 1
3. Mind training part 2
4. Review

Main resources:

- PiXL Mindset Training PowerPoints
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

3 Citizenship – Financial Capability: Intent

Knowledge acquired:

Students will be aware of different approaches to situations that require financial decision and how a bank account works

Skills developed:

- Comparing personal financial attitudes to that of others

Understanding:

- To reflect on attitudes to money and financial habits, so that students can address unhelpful habits
- Changes in financial needs and wants through life stages and understanding the differences

[Links to previous study \(where applicable\):](#)

[Anything in Y9????????????? But some in Y8 ask Dan as new Topic](#)

Links to future study (where applicable):

This is the final financial topic in KS4 but covers the basics of personal finance that would be needed to make appropriate financial decisions.

3 Citizenship – Financial Capability: - Implementation

Number of lessons: 4 35 minute lessons

Sequence of lessons:

1. Me and my money
2. Needs and wants
3. Needs and wants
4. Banks loans and interest rates

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- Worksheets
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic review

4 PSHE - RSE: Intent

Knowledge acquired:

Know how to recognise the characteristics and positive aspects of positive relationships and the facts about pregnancy.

Skills developed:

- To be able to choose to engage or delay sexual activity based on the knowledge and understanding acquired.

Understanding:

- About reproductive health
- How gender rights impact on relationships

- Links to previous study (where applicable):

This topic builds on the RSE in Y7, 8 and 9 in knowledge skills and understanding – see Personal Development road map.

Links to future study (where applicable):

Students will develop their relationship and sex education knowledge in greater depth by revisiting these topics and exploring in more depth.

4 PSHE - RSE - Implementation

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Relationships(Gender and relationship rules)
2. Bodies (Boundaries and pleasure)
3. Gender and sexuality (Stereotypes, power and privilege)
4. Sexual health (fertility and pregnancy)
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- www.Brook.org.uk
- Great Relationships and Sex Education – Alice Hoyle and Ester McGeeney

Body of work:

- Completed work booklet to be presented in their Progress File

Method of assessment:

- Lesson plenaries
- End of topic review

5 Careers – Revision Skills: Intent

Knowledge acquired:

Knowing about and be able to use a variety of learning styles and revision techniques to support exam success.

Skills developed:

- To develop confidence in their revision skills to do their best in tests and final exam.

Understanding:

- The range of learning styles and how personal preferences can influence learning and revision
- The motivators and demotivators in revision sessions.

Links to previous study (where applicable):

Anything in Form PD??????? ALEX

Links to future study (where applicable):

Students will revisit and develop their revision skills in Y11 with a greater emphasis on mental wellbeing during the GCSE revision and exam period

5 Careers - Revision Skills: Implementation

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Get motivated and learning styles
2. Homework – Time and place.
3. Know your subject – get planning
4. Revision strategies
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic evaluation

6 Careers –Employability Skills – Mock Interviews: Intent

Knowledge acquired:

Know the skills that employers value and seek when looking for an employee.

Skills developed:

- Identify personal and employability skills
- Be able to create a CV and personal statement
- Communication and how to make a good first impression

- Understanding:
- Understand the importance of knowing your own personal attributes and employability skills and how to develop these
- How in an interview you need to promote and “sell” the best of yourself.

Links to previous study (where applicable):

In Y7 students were asked to think about their preferences in relation to aspects of work and in Y8 the identification of personal employability skills. In Y10 they are now applying those skills to the creation of a CV, personal statement and interaction with employees in the Mock Interviews.

Links to future study (where applicable):

Students can use the exploration of personal attributes and employability skills when applying for their P16 position.

CV and personal statements will be updated to be used in P16 application for further education, training and apprenticeships.

6 Careers - Employability Skills – Mock Interview: Implementation

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Preparation, dress and presentation
2. CV writing
3. Personal Statements
4. Interview answer preparation
5. Review

Each student has a 20mins Mock Interviews with volunteer employer.

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet
- Leicestershire Cares – organising group for the mock interviews

Body of work:

- Completed CV and personal statement to be presented in their Progress Folder
- Mock interview with volunteer employers
- Certificates for all and Star interviewees certificates

Method of assessment:

- Lesson plenaries
- End of topic review
- Employer feedback

Y11

1 Careers – P16 learning/Training Opportunities: Intent

Knowledge acquired:

Knowing about the range of options available to them to then make informed decisions about P16 that is appropriate for them; be happy and successful in their choice of destinations, course and eventually career.

Skills developed:

- Research on the available destination and courses.
- Identifying personal skills and attributes needed for courses/apprenticeships/training

Understanding:

- How organised career planning is essential for progression
- How to make successful applications to courses/apprenticeships/training that would include a CV and personal statement

Links to previous study (where applicable):

The Y10 Employability Skills project with mock interview is the practical practice session for all P16 applications and interviews.

Links to future study (where applicable):

Knowledge, skills and understanding from the KS4 careers work will be able to be taken on to future applications in education and work.

1 Careers – P16 Learning/Training Opportunities - Implementation

Number of lessons: 7 35 minute lessons

Sequence of lessons:

1. Next steps? And support!
2. Looking at future careers – likes and dislikes
3. Looking at future careers – LMI
4. Looking at P16 range of qualifications
5. Looking at P16 destinations
6. Updating CVs and personal statements
7. Final applications and review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- P16 Transition Journey booklet
- Software – KUDOS – Positive Steps@16
- Review sheet

Body of work:

Completed Transition Journey booklet to be kept in Progress Folder

Me – section of KUDOS Complete

Profile and Applications section of PS@16 complete

Method of assessment:

Management of PS@16 data

2 PHSE – Power to Perform: Intent

Knowledge acquired:

Knowing how to be a responsible citizen who is able to prepare for life and work and change things for the better.

Skills developed:

- To develop confidence in themselves and their ability to plan ahead.
- Recognising their ambitions and aspirations.
- To develop a range of organisational skills
- To make positive and healthy lifestyle choices

Understanding:

- How individuals learn in a variety of way
- How to be motivated and achieve their best now and in the future.

Links to previous study (where applicable):

Personal knowledge of mindset and how own beliefs, goals, ability and performance is studied in Y10.

Links to future study (where applicable):

These key life skills of a positive mindset and resilience with support and ensure success in future study and training

2 PHSE – Power to Perform: Implementation

Number of lessons: 7 35 minute lessons

Sequence of lessons:

2. Managing your GCSE curriculum
3. Decide on your goals
4. Place of study
5. Managing your time and prioritising
6. Lifestyle and learning
7. Study skills – Brainy
8. Review of topic

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- Goals, Where to Study, Environment, How Not to Study, Time Management worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic review

3 PSHE - RSE: Intent

Knowledge acquired:

Students will know about the concepts of sexual exploitation.

Skills developed:

- Parental skills needed in having a child
- Can apply their knowledge of exploitation to support themselves and others in the face of this

Understanding:

- The differences in healthy and unhealthy relationships
- How relationships and sexual activity can be linked to morality

Links to previous study (where applicable):

This topic builds on the RSE in Y7, 8, 9 and 10 in knowledge skills and understanding – see Personal Development road map.

Links to future study (where applicable):

RSE is knowledge, skills and understanding for life – what students learn in the foundation of staying safe and healthy.

3 PSHE – RSE: Implementation

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Relationships (digital romance and communicating on and offline)
2. Bodies (FGM and body image)
3. Sex (sexual norms, expectations and pornography)
4. Sexual Health (Stigma and parenting)
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- Brook.org.uk
- Great relationships and Sex Education – Lice Hoyle and Ester McGeeney

Body of work:

- Completed work booklet to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic review

4 Careers – Revision Skills/Mocks: Intent

Knowledge acquired:

Knowing about the mental attitude that will support exam success.

Skills developed:

- To be resilient
- To be prepared
- To foster good self-esteem

Understanding:

- How environment, attitude and mental health can impact ability to revise successfully

Links to previous study (where applicable):

Students have already learnt about revision techniques and been able to practice these in the ir Y10 mock exams. The year 11 work also looks at how attitude and stress play a part in revision and mental preparation for GCSEs.

Links to future study (where applicable):

Whether students are moving on to further education, training or an apprenticeship they should be able to use the knowledge, skills and understanding from the two revision topics studied.

4 Careers – Revision Skills/Mocks: Implementation

Number of lessons: 5 35 minute lessons

Sequence of lessons:

1. Get organised- timetabling
2. Exam and revision attitudes
3. Revision and stress
4. Revision – the final push
5. Review

Main resources:

- Teacher-prepared PowerPoint activities for each lesson
- Video links in presentations
- worksheets.
- Review sheet

Body of work:

- Completed work sheets to be presented in their Progress Folder

Method of assessment:

- Lesson plenaries
- End of topic review