

27<sup>th</sup> January 2020

Dear Parent / Carer

### **Barnardo's LifeSkills Programme**

Barnardo's is working in partnership with Leicestershire County Council and schools in the Loughborough area, including Limehurst Academy, to deliver a programme called LifeSkills.

LifeSkills is an evidence-based programme that centres on a preventative approach by sharing age appropriate information with young people to provide them with the skills, knowledge and experience necessary to make healthy choices. The programme teaches children and young people how to avoid harmful substances, explore their individual self-worth and raise their confidence and self-esteem.

Staff at Limehurst have taken part in specific training to be able to deliver the sessions and they will be taught as part of the Personal Development curriculum. The lessons will be taught over a 3-year period whilst the students are in years 7, 8 and 9.

Barnardo's is working with Sheffield Hallam University to evaluate the effectiveness of the programme. Therefore, students will be asked to complete a questionnaire at the start and end of the programme. They will also ask teachers for feedback and may ask some parents. The information collected will be used to improve the programme. Students will remain anonymous and any reports will refer to the year group as a whole rather than individuals, for example, "88% of pupils showed improvement in their overall knowledge." In accordance with programme requirements the questionnaires will be held for 5 years and then securely deleted.

If you would prefer that your child does not take part in the questionnaire feedback activities, please let us know by contacting Jane Richardson, Barnardo's LifeSkills Manager, on 0116 286 7182.

#### **Privacy Notice**

Barnardo's is the controller for all feedback information gathered and as such is legally accountable for keeping this data secure, acting within the law and ensuring all rights are maintained. Local schools will act on Barnardo's behalf as data processors. Barnardo's fully complies with the new GDPR legislation, and a full copy of Barnardo's privacy notice is available <https://www.barnardos.org.uk/privacy-notice>

You can also contact Barnardo's using the details below should you have any questions or wish to see the information is held.

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Yours sincerely,

Mrs A Coulstock  
Assistant Head