

5th November 2018

Dear Parent/Carer,

Limehurst Academy will be taking part in the Anti-Bullying Alliance's national Anti-Bullying Week which will take place from Monday 12th November to Friday 16th November. This year's theme is Choose Respect.

Following a consultation with over 800 young people, teachers and members of the Anti-Bullying Alliance, it emerged that a top priority was to show that bullying is a behaviour choice, and that children and young people can set a positive example by opting to respect each other at school, in their homes and communities, and online.

The aims of this week will be to help students to understand:

- The definition of respect
- That bullying is a behaviour choice
- That we can respectfully disagree with each other i.e. we don't have to be best friends or always agree with each other but we do have to respect each other
- That we all need to choose to respect each other, both face to face and online

Throughout the week assemblies, personal development lessons and tutor time activities will all focus on anti-bullying. Odd Socks day will take place on the first day of Anti Bullying Week, Monday 12th November, to help raise awareness around anti-bullying. Students will be encouraged to wear odd socks as an opportunity for them to express themselves and celebrate their individuality and what makes us all unique. Thursday 15th November will also be the first ever Stop Speak Support Day to highlight the issue of cyberbullying.

More information can be found at <https://www.anti-bullyingalliance.org.uk/anti-bullying-week>

Yours sincerely,

Mrs A Cook
Teacher of Personal Development

Mrs A Coulstock
Assistant Head & SENCo

