

2 December 2022

Dear Parent/Carer

We have an opportunity for a group of year 10 students to work on a Young Health Champions Programme with the Royal Society for Public Health. This programme is new to Leicestershire and Limehurst has been chosen as one of only a few schools in the County to offer the programme. It culminates in a qualification, the Level 2 Award for Young Health Champions.

The qualification consists of 22 guided-learning hours and approximately 14 hours of independent study. The sessions will start in January and will take place after school. We are just waiting for confirmation of the day, but it is likely that it will be a Wednesday or Thursday. There is no exam as a portfolio of evidence is produced during the sessions. Students will complete 4 units of work:

- YHC 1 Health Improvement
- YHC 2 Research Health Improvement Services
- YHC 3 Deliver a Health Improvement Message
- YHC 10 Understanding Emotional Wellbeing

This is a fantastic opportunity for students to put something additional on their post-16 application next year as well as their CV and would be extremely beneficial for those wishing to pursue a career within the health, fitness, wellbeing, or medical sectors.

If your child is interested in participating, please ask them to let me know.

Yours sincerely

A Mauger

Alex Mauger
Assistant Head Teacher