Careers and Skills Overview Year 9: Discover

Year 9 careers and skills lessons focus on informing and empowering students to make decisions about their option choices. The main aims are:

- To encourage students to discover information about KS4 option choices.
- To provide details and enable students make connections with Post 16 and 18 destinations.
- To promote curiosity and reinforce skills of research and discovery.
- To support students to understand their options and in their decision making.
- To help students understand the importance of smart organised study skills in preparation for KS4.

Term	Торіс	Objectives	Areas covered	Gatsby BM/Employability Skills and Qualities
Spring 1	Choosing my optionswhere do I start 2 lessons	To introduce ideas about the decision making process. To looking at subjects and students strengths and preferences. To explore how our option choices can help shape your future life and career aspirations.	What it means to make our option choices Why it's important to choose the right option choices Helpful advice and tips when making choices Which subjects you enjoy and why? Which subjects you are best at and why? Information about future sessions.	Self-awareness Self-Management Communication Decision making Organisation Positivity Responsibility GBM: 1, 2, 3, 4 and 8
Spring 2	Options Booklet 1 lesson	To understand the Limehurst Options booklet and the choices available for the pathways that the students are on		Decision making Curiosity Research
Spring 2	Being a researcher: my future Researching your option choices 2 lessons	To develop skills of research To become informed about the types of careers you could follow linked to the 3/4 potential option choice subjects To understand the qualifications and skills required to follow pathways into careers	Post-16 opportunities (after Limehurst) How to begin your research Practicing Research skills Signposting students to relevant and reliable sources of information	Curiosity Research Planning and organising Using ICT and digital technology Independence GBM: 1, 2, 3, 4, and 8

Focus

Spring 2	Your option choice journey 1 lesson	To enable students to check in with staff regarding research and decisions To ensure that decisions have a credible grounding. To encourage students to articulate their decisions and changes they may have made from their original ideas.	Reflection – what have you discovered? Confirmed or changed? Have your discoveries made you re-think your original opinions? What stage are you at on the decision making journey? Check-in time	Self- awareness Communication Planning and organisation Independence Decision making GBM: 1, 2, 3, 4, and 8
Spring 2	Decision Time 1 lesson	To make some final decisions about first choices and reserve choices To articulate but also to think about why.	Look at the evidence gathered over the course of the past few lessons Making a decision Explain reasons and rating confidence on the decisions made Think about what you may need to do next	Self- awareness Communication Confidence building Planning and organisation Independence Decision making GBM: 1, 2, 3, 4, and 8
Summer 2	Study Smart 2 lessons	To prepare and equip students to study smart. To explore attitudes and skillsets needed when studying. To help students identify the importance of study and revision	Why independent study skills are useful to you now and in the future Harnessing motivation and overcoming barriers to studying Your support network when it comes to studying Creating the best environment to study The teenage and how you think – the Science! Understanding your learning style – the Psychology! How to get organised	Planning and organisation Self-awareness Self-management Time management Independence Personal responsibility Positivity Resilience GBM: 1 and 4