

**Focus**

**Careers and Skills Overview Year 11: Decide**

As students in Year 11 begin to think more formally about the move from Limehurst into post-16 education and training, the careers and skills curriculum focuses on the process. The main aims are:

- To support students in the decision making process linked to post-16 destinations.
- To prepare and inform students about future options and pathways at 16.
- To guide and support students through the application process.
- To practice skills of communication through interview preparation and practice.

Term	Topic	Objectives	Areas covered	Gatsby BM/Employability Skills and Qualities
Autumn 1	<p>Choosing your options for pos-16...where do I start?</p> <p>2 lessons</p>	<p>To take students on a journey of thinking about their next step</p> <p>To prepare students for the short term future – exciting milestones ahead</p> <p>Understanding students likes, dislikes and personal strengths</p> <p>To provide students with the opportunity to focus on their own career aspirations through research</p>	<p>Student’s journey so far as a Limehurst student through the careers programme</p> <p>Assessment of where students are right now – start of year 11</p> <p>Looking forward a few years... what’s still to come</p> <p>Preparation for next steps</p> <p>The various post-16 routes</p> <p>Introduction to various industries</p>	<p>Curiosity</p> <p>Research</p> <p>Planning and organising</p> <p>Independence</p> <p>Decision making</p> <p>GBM: 1, 2, 3, 4 and 8</p>
Autumn 1	<p>Preparing your applications</p> <p>4 lessons</p>	<p>To discuss and ascertain students current position on the decision making journey</p> <p>To provide opportunities to discuss ideas about possible courses and colleges</p> <p>To explore the application process in more detail</p> <p>To prepare a personal statement to be used in applications and as a basis for interview responses</p>	<p>Where are you on the decision making journey?</p> <p>Deciding on next steps</p> <p>Reminders about open events</p> <p>Looking at the p16 process</p> <p>Personal statements: what to include, how to draft, tips, advice, worked examples and writing frames/ templates.</p>	<p>Communication and Literacy</p> <p>Planning and organisation</p> <p>Decision making</p> <p>Using ICT</p> <p>Positivity</p> <p>Proactivity</p> <p>Personal responsibility</p> <p>Independence</p> <p>GBM:1, 2, 3, 4 and 8</p>

<p><b>Autumn 2</b></p>	<p>Are you interview ready?</p> <p>2 lessons</p>	<p>To remind students of the purpose of interviews.          To explore the different types of interviews you may encounter.          To explore interview skills and making a good impression.          To explore body language and various verbal and non-verbal cues.          To plan and practice responses to typical interview questions.</p>	<p>What is the purpose of an interview?          Making a good first impression          Types of interview and how to manage these effectively.          Structuring a successful response using various models          Example questions and planning how to answer          Links to additional videos and resources to explore independently</p>	<p>Communication          Planning and organisation          Trust          Independence          Co-operation          Self-awareness          Self- management</p> <p>GBM: 1, 2, 4 and 8</p>
<p><b>Spring 2 &amp; Summer 1</b></p>	<p>Study Smart – Succeed in your revision</p> <p>3 lessons</p>	<p>To remind students about the importance of study and revision          To explore at motivators and barriers          To remind students about how to create the best conditions for successful revision          To explore and practice different revision strategies          To develop strategies to overcome revision nerves and create the best chances to perform well          Revisits some suggestions from Year 9 ‘Study Smart’</p>	<p>Staying motivated and focused          How to get started with study and revision – creating the best environment,          building a support network          What are the different revision techniques?          How can I develop exam confidence and manage my nerves to my advantage?          FLOURISH and how to succeed in revision exams</p>	<p>Planning and organisation          Self-awareness          Self-management          Time management          Independence          Personal responsibility          Positivity          Resilience</p> <p>GBM 1 and 4</p>