

Careers and Skills Overview Year 8: Prepare

Focus

Building on careers and skills work in Year 7, the work in Year 8 aims to equip students with information and the know how to **prepare** them for career readiness and make informed decisions about their future. This is achieved by:

- Continuing to develop ideas around the career journey and introducing research about the labour market;
- Promoting positivity and a growth mindset in the individual and with regard to careers and the future;
- Developing skills around communication and confidence in speaking and presenting.

Term	Topic	Objectives	Areas covered	Gatsby BM/Employability Skills and Qualities
Spring 1	Beginning my career journey 1-2 lessons	To develop an understanding of their current location on the career journey. To inform and prepare students for the typical milestones and decisions over the next 6 to 8 years. To link future plans to curriculum subjects, look at strengths and preferences in their curriculum and introduce the idea of options.	Careers journey map and how this work and the importance of thinking ahead. Areas of work they have been interested in and how these change over time. Subjects and their link to careers. Thinking about motivation to achieve. The options process and an introduction to how this works.	Communication Self-awareness Decision making independence GBM: 1, 2, 4 and 8
Spring 2	Positive me – introduction to growth mindset 1-2 lessons	To understand what is meant by ‘mindset’ To understand how mindset can be influenced by thoughts and behaviours To understand learn news ways of behaving in order to maximise potential To view failure differently To consider how mindset can influence careers decisions	Defining mindset Understanding the different mindsets Challenge students current mindset Considering the people around us and having the skills and knowledge to observe their mindset, and how students can respond to this Becoming a life-long learner Embracing ‘failure’ Seeking new challenges Seeking feedback from others Growing and developing mindset Mindset and career aspirations	Self-awareness Positivity Problem- solving Enthusiasm Growth-mindset Seeking challenges Seeking feedback People skills Reflective thinking GBM: 1, 3 and 8

<p>Spring 2</p>	<p>Talk Smart: becoming a better communicator</p> <p>3 lessons</p>	<p>To develop communication skills using a range of verbal and non-verbal techniques.</p> <p>To improve confidence when speaking in a range of situations and in front of different people/audiences.</p> <p>To break down some of the barriers around speaking in front of others.</p>	<p>Developing confidence and moving outside of comfort zones.</p> <p>Understanding the importance of good communication, now and in the future.</p> <p>Understanding what makes a good speaker and presentation.</p> <p>Range of paired, group and individual opportunities to develop skills and techniques when speaking.</p> <p>Tips and advice around overcoming nerves.</p>	<p>Communication</p> <p>Building self-esteem and self-confidence</p> <p>Planning and organisation</p> <p>Co-operation</p> <p>Positivity</p> <p>Trust</p> <p>GBM: 1,3 and 8</p>
<p>Spring 2 Summer 1</p>	<p>Being a researcher – exploring the labour market</p> <p>1-2 lessons</p>	<p>To explore what is meant by ‘labour market information’.</p> <p>To learn how labour market is used by others – employers, industry leainers etc.</p> <p>Understanding labour market information to inform career choices.</p> <p>To understand why and how labour market information is important in terms of interviews and employment.</p> <p>To understand how labour market information applies to students.</p>	<p>An introduction to the term ‘labour market information’.</p> <p>What labour market information tells you?</p> <p>What labour market information is useful for?</p> <p>Why labour market information important.</p> <p>The types of labour market information.</p> <p>Who uses labour market information?</p> <p>How you can use labour market information to inform career decisions.</p> <p>Researching the labour market</p>	<p>Communication</p> <p>Research</p> <p>Curiosity</p> <p>Organisation</p> <p>Planning</p> <p>Pro-activity</p> <p>Interviews</p> <p>GBM: 1, 2, 4 and 8</p>

