

**Focus**

**Careers and Skills Overview Year 7: Be Aware**

To raise students' awareness of:

- the idea of a career journey;
- a wide range of careers and pathways available to them, regardless of their background;

Term	Topics	Objectives	Areas covered	Gatsby BM/Employability Skills and qualities
<b>Autumn 1</b>	Think Smart: The Best of Me  3 lessons	To examine students' perception of themselves. To promote confidence, assertiveness and self-esteem. Students will explore their strengths and achievements and look at how to make positive steps to self-improvement.	Knowing yourself: What makes me who I am? Knowing yourself: My strengths and achievements Being my own best friend Stand up for yourself: developing assertiveness Making positive decisions and choices	Self- awareness Self-management Communication  GBM: 1, 3 and 8
<b>Autumn 2</b>	#Team Limehurst  3 lessons	To provide opportunities for collaboration, cooperation and to develop team building skills. To explore ways to work with new people as part of the transition to a new environment. To identify teamwork as a transferable skill.	What makes good teamwork? Why teamwork is important and when you need it most? Development of teamwork skills through practical activities Reflections and discussions around roles in a team and individuals' qualities	Teamwork and how this relates to the workplace Collaboration Communication Problem Solving  GBM: 1, 3 and 8
<b>Spring 2</b>	Linking careers to the curriculum  3 lessons	To explore the links between possible careers and the different curriculum areas to help students' see the correlation between the subjects they are studying, the key skills they learn and future opportunities. To identify a range of employability skills and personal qualities and how these are practised and developed in the curriculum.	Awareness of the world of work that surrounds us – visible and not-so-visible roles Understanding some of the key skills learnt across various subject areas An overview of the different careers linked to specific subject areas The importance of thinking big and thinking ahead.	Curiosity Teamwork Communication Self-awareness Planning  GBM: 1, 2, 4 and 8