

Useful Websites for Parents and Young People

Website	Topics
Brook	Sexual Health and Wellbeing
CEOP	Child Exploitation and Online Protection
Childline	Peer Pressure, Friendships, Healthy Relationships, Smoking, Bullying, Your Body and Feelings, Families
Disrespect Nobody	Healthy Relationships, Sexting, Relationship Abuse, Consent, Rape, Sexual Harassment
Health for Teens	Feelings, Growing Up, Lifestyle, Relationships and Sexual Health
Leicester Sexual Health	Sexual Health
Leicestershire Safeguarding Board – Information for Young People	Staying Safe Online, Different Types of Abuse, Neglect
Leicestershire Safeguarding Board – Information for Parents	E-Safety, Child Abuse
Mentally Healthy Schools	Advice and support on a range of mental health needs, trauma and bereavement.
NSPCC	Sex and Relationships, Gender Identity, Sexting, Bullying, Mental Health, Child Abuse, Drugs and Alcohol. Online Safety
Sexwise	Sexual Health, Contraception, Pregnancy and STIs
St John's Ambulance	First Aid
Stonewall	LGBT, Bereavement, Discrimination, Domestic Violence and Abuse, Hate Crime, Parenting, Wellbeing
Teen Sleep Matters	Sleep
Terrence Higgins Trust	Sexual Health, STIs, HIV
ThinkUKnow	Education and information about sexual abuse and sexual exploitation both on and offline
Trade Sexual Health	LGBT+, Sexual Health
Turning Point	Sexual Health, Drug and Alcohol, Mental Health, Learning Disability, Urgent Support and Crisis
Young Minds	Mental Health and Wellbeing